





# TUCKR Virtual Allergen List 2026

## INDEX

✓ = Contains

\* = May Contain Traces

The term vegetarian is used to describe a person who includes eggs and milk in their diet for the classification in this listing

May contain trace of gluten may be present as this item is prepared in a kitchen that handles gluten.

	GLUTEN	WHEAT	EGG	MILK	SOY	SESAME	PEANUT	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADAMIA	PECAN	PINE NUT	PISTACHIO	WALNUT	FISH	CRUSTACEA	MOLLUSCS	SULPHITE	LUPIN
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### SIDES

Steam Bun	✓	✓		*	✓	*												*	✓			
Garlic Bread	✓	✓	*	*	✓			*	*	*	*	*	*	*	*	*						
Waffle	✓	✓	✓		✓																	
Brownie	✓	✓	✓	✓	✓																✓	
Cookie - Chocolate Chip	✓		✓	✓	✓		*															
Cookie Caramel Slice	✓	✓	✓	✓	✓																✓	
Yoghurt Pottle				✓																		
Mini Muffin Blueberry	✓	✓	✓	✓																		

### DRINKS

Water																					
Just Juice Orange & Mango																					
Just Juice Bubbles																					
Up N Go Chocolate	✓	✓			✓																

