

# TUCKR Allergen List 2026

This information is based upon the accuracy of the product information given by the food manufacturers. **TUCKR** has made every effort to ensure the accuracy of the information at the time of writing; however it is possible that ingredient changes and/or substitutions may occur before this list is updated. Please be advised that all food items are cooked on a shared grill.

## INDEX

✓ = Contains

\* = May Contain Traces

The term vegetarian is used to describe a person who includes eggs and milk in their diet for the classification in this listing

May contain trace of gluten may be present as this item is prepared in a kitchen that handles gluten.

	GLUTEN	WHEAT	EGG	MILK	SOY	SESAME	PEANUT	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADAMIA	PECAN	PINE NUT	PISTACHIO	WALNUT	FISH	CRUSTACEA	MOLLUSCS	SULPHITE	LUPIN
<b>BREAKFAST ITEMS</b>																					
Breakfast Pita	✓	✓	✓	✓	✓																
Breakfast Pita - Veggie	✓	✓	✓	✓	✓																
Bacon & Egg Muffin	✓	✓	✓	✓	✓	*															
<b>PITAS</b>																					
BBQ Chicken Pita	✓	✓		✓																	
Chicken & Bacon Pita	✓	✓	✓	✓	*																
Teriyaki Chicken Pita	✓	✓	✓	✓	✓	✓															✓
Mayo Chicken Pita	✓	✓	✓	✓																	
Falafel Pita	✓	✓		✓																	✓
Sweet Chilli Mayo Pita	✓	✓		✓																	✓
<b>INTERNATIONAL MEALS</b>																					
Asian Noodle Salad - Chicken	✓	✓	✓		✓	✓															
Asian Noodle Salad - Veggie	✓	✓	✓		✓	✓															
Katsu Chicken	✓	✓	✓	✓																	
Teriyaki Chicken			✓																		
Butter Chicken				✓																	
Thai Green Chicken Curry																					
Steam Bun	✓	✓		*	✓	*												*	✓		
Veggie Dumplings	✓	✓	*		✓	✓												*	*		
Chicken Dumplings	✓	✓	*		✓	✓												*	*		









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<b>SPECIALS</b>																						
Dirty Milk Tea - Wucha				✓																		
Caramel Milk Tea - Wucha	✓	✓		✓																		
Passionfruit Mango Tea - Wucha	*	*	*	*																		
Mac & Cheese	✓	✓		✓																		
Mac & Cheese - Ham	✓	✓		✓	✓																	
Mac & Cheese - Chicken	✓	✓		✓																		
Toppa Lasagne Square	✓	✓		✓	✓												*	*				
Cheeseburger	✓	✓	✓	✓	✓	*											*	*		*		
Tuckr Hot Dog	✓	✓			✓																	
Tuckr Hot Dog w/ Cheese	✓	✓		✓	✓																	
Pork Riblet Sub	✓	✓	✓		✓																	
Pie Mince & Cheese	✓	✓	*	✓	✓																	✓
Pie Steak & Cheese	✓	✓	*	✓	✓																	✓
Dads Pies - Mince & Cheese	✓	✓	*	✓	✓																	*
Dads Pies - Steak & Cheese	✓	✓	*	✓	✓																	*
Dads Pies - Butter Chicken	✓	✓		✓	✓																	
Dads Sausage Roll	✓	✓		✓	✓																	
Sacred Heart Bagel	✓	✓	✓																			

