TUCKR Allergen List

CICKE

This information is based upon the accuracy of the product information given by the food manufacturers. **TUCKR** has made every effort to ensure the accuracy of the information at the time of writing; however it is possible that ingredient changes and/or substitutions may occur before this list is updated. Please be advised that all food items are cooked on a shared grill.

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= Contains

★= May Contain Traces

The term vegetarian is used to describe a person who includes eggs and milk in their diet for the classification in this listing

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	GLUTEN	WHEAT	EGG	MILK	SOY	SESAME	PEANUT	ALMOND	BRAZIL NUT	САЅНЕМ	HAZELNUT	MACADMIA	PECAN	PINE NUT	PISTACHIO	WALNUT	FISH	CRUSTACEA	MOLLUSCS	SULPHITE	LUPIN
								BRE	AKFAS	ST ITE	MS										
Breakfast Pita	✓	✓	✓	*	✓																
Breakfast Plta - Veggie	✓	\	\	*	✓																
Bacon & Egg Muffin	>	>	>	*	>	*															
Bacon & Egg Brioche	✓	\	>	✓	✓	*		*	*	*	*	*	*	*	*	*					
Egg Brioche	\	>	>	\	\	*		*	*	*	*	*	*	*	*	*					
Hash Bites	>	>	>	>	>	\															
Up n GO - Chocolate	\	>		>	\																
Up n GO - Banana	\	>		✓	\																
Up n GO - Strawberry	\	\		\	\																
								PIT	ras &	SALA	DS										
BBQ Chicken Pita	✓	\	✓																		
Chicken & Bacon Pita	\	\	>	\	*																
Teriyaki Chicken Pita	>	>	>	>	>	\														\	
Ham Pita	>	>		\	\															✓	
Falafel Pita	✓	✓		✓																✓	
Falafel Salad				\																	
Teriyaki Chicken Salad			\	✓	✓	✓														✓	
BBQ Chicken Salad				\																	
N A	No.	ug				1		-		1		100	200	1	1					3	1

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	way contain trace of gluten may be present as this item is prepared in a kitchen that handles gluten.																				
	GLUTEN	WHEAT	EGG	MILK	soy	SESAME	PEANUT	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADMIA	PECAN	PINE NUT	PISTACHIO	WALNUT	FISH	CRUSTACEA	MOLLUSCS	SULPHITE	LUPIN
								M	AIN M	EALS											
Katsu Chicken on Rice	✓	✓	\		✓												*	*		*	
Teriyaki Chicken on Rice			>		>	\														✓	
Butter Chicken on Rice				\																	
Chilli Con Carne - Beef	\	~		✓	✓																
Chilli Con Carne - Veggie	\	~		✓	✓																
Chilli Con Carne - Vegan					\																
Chicken Sub	\	\	\	✓	✓	*		*	*	*	*	*	*	*	*	*				✓	
Falafel Sub	\	~	\	\	~	*		*	*	*	*	*	*	*	*	*				✓	
Double Beef Burger - Cheese	>	\	>	>	>																
Double Beef Burger - Salad	✓	✓	\	✓	✓																
Double Beef Burger - Works	>	\	>	>	>																
Chicken Burger - Cheese	<	1	\	<	>																
Chicken Burger - Works	\	✓	\	\	✓																
Chicken Burger - Salad	\	\	\	\	~																
Steam Bun - Small	>	\		*	>	\															
Steam Bun - Large	>	>		*	>	\															
Pizza - Cheese	>	\		\	>	*															
Pizza - Pepperoni	✓	✓		✓	✓	*															
Pizza - BBQ Chicken	>	\		>	>																
Beef Nachos		\		\	\																
Chicken Nachos				✓	✓															✓	

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	GLUTEN WHEAT WHEAT SESAME BRAZIL NUT ALMOND WALNUT FISH CRUSTACHIO WALLUSCS SULPHITE SULPHITE GLUTEN WHEAT HAZELINUT ALMOND BRAZIL NUT BISTACHIO WALNUT FISH CRUSTACEA SULPHITE																				
	GLUTEN	WHEAT	EGG	MILK	SOY	SESAME	PEANUT	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADMIA	PECAN	PINE NUT	PISTACHIO	WALNUT	FISH	CRUSTACEA	MOLLUSCS	SULPHITE	LUPIN
								N	/AIN N	MEALS											
Veggie Nachos				✓	✓																
Vegan Nachos				✓	✓																
									SID	ES											
Garlic Bread - Large	✓	✓	*	*	✓	*		*	*	*	*	*	*	*	*	*					
Garlic Bread - Small	\	\	*	*	\	*		*	*	*	*	*	*	*	*	*					
Wedges	\	\	\	\	>																
Cheesy Pita	>	\		\																	
Cheesy Garlic Pita	>	>		\																	
Chicken Bites	>	>		*	*																
Sweet Pretzel	>	>		>	>																
Cheese Pretzel	>	>		>	>																
Hashbrown	>	>	>	>	>																
Grain Waves - Sour Cream & Chives	\	>		\	>																
Doritos - Sweet Thai Chilli	\	✓		\	\																
Doritos - Cheese Supreme	✓	\		\	\																
Blue Bird - Ready Salted																					
Blue Bird - Chicken																					
Blue Bird - Salt & Vinegar																					
									SWE	ETS											
Brownie	✓	✓	√	✓	✓																
Brownie - Gluten Free			>	\	\																
Cookie - Candy	>		>	\	\		*	*	*	*	*	*	*	*	*	*					
Cookie - Chocolate Chew	\		>	✓	✓		*														

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	way contain trace of gluten may be present as this item is prepared in a kitchen that handles gluten.																				
	GLUTEN	WHEAT	EGG	MILK	soy	SESAME	PEANUT	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADMIA	PECAN	PINE NUT	PISTACHIO	WALNUT	FISH	CRUSTACEA	MOLLUSCS	SULPHITE	LUPIN
									SWE	ETS											
Cookie - Chocolate Chip	✓		✓	✓	✓		*														
Waffle - Large	>	>	\		\																
Waffle - Small	✓	✓	✓		\																
Blueberry Muffin	\	✓	>	✓	*		*														
Chocolate Muffin	✓	✓	✓	✓	<		*	*	*	*	*	*	*	*	*	*					
Strawberry White Chocolate Muffin	<	<	\	4	<		*														
Mini Donuts	✓	✓	>	✓	\		*	*	*	*	*	*	*	*	*	*					
Moosies Chocolate				\																	
Moosies Blue Moon				✓																	
Cyclone	\	\																			
Rainbow Paddle Pop	\			\																	
Juicies																					
								Н	IOT DI	RINKS											
Cream of Chicken Soup		✓	*	✓	✓	*	*										*	*			
Pumpkin Soup		\	*	>	>	*	*										*	*			
Tomato Soup		\	*	\	>	*	*														
Flat White				\																*	
Cappuccino				\																	
Latte				\																	
Mocha				\																	
Hot Chocolate				✓																	
Tea				✓													*	*			

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	May contain trace of gluten may be present as this item is prepared in a kitchen that handles gluten.																				
	GLUTEN	WHEAT	EGG	MILK	soy	SESAME	PEANUT	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADMIA	PECAN	PINE NUT	PISTACHIO	WALNUT	FISH	CRUSTACEA	MOLLUSCS	SULPHITE	LUPIN
									SAUC												
Ketchup																				✓	
Sweet Chilli	\			✓	\															✓	
Mayo			>																		
Honey Mustard																				✓	
Aioli			\																		
Chilli Mayo			\																	✓	
PROMO ITEMS																					
Dads Pies - Mince and Cheese	\	✓	*	\	\															*	
Dads Pies - Steak and Cheese	\	\	*	\	\															*	
Dads Pies - Ham and Cheese Bake	~	✓		~	✓																
Dads Pies - Butter Chicken	>	>		>	>																
Butter Chicken Pie - Unbagged	~	✓	*	~	✓															✓	
Mince & Cheese Pie - Unbagged	✓	✓	*	✓	✓															✓	
Steak & Cheese Pie - Unbagged	>	>	*	>	\															\	
Dirty Milk Tea - Wucha				\																	
Caramel Milk Tea - Wucha	\			\																	
Passionfruit Mango Tea - Wucha	*	*	*	*																✓	
Zhi		TO				1	-	-		A.	1	-	100							3	

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