



## Allergen Matrix 2025

| Menu Product                | Gluten | Wheat | Egg | Milk /dairy | Soy | Sesame | Peanuts | TreeNuts |             |         |           |           |        |           |            |         |   | Fish | Crustacean | Molluscs | Sulphites | Lupin |
|-----------------------------|--------|-------|-----|-------------|-----|--------|---------|----------|-------------|---------|-----------|-----------|--------|-----------|------------|---------|---|------|------------|----------|-----------|-------|
|                             |        |       |     |             |     |        |         | Almond   | Brazil Nuts | Cashews | Hazelnuts | Macadamia | Pecans | Pine Nuts | Pistachios | Walnuts |   |      |            |          |           |       |
| Breakfast Items             |        |       |     |             |     |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Breakfast Pita              | P      | P     | P   | M           | P   |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Breakfast Pita - Veggie     | P      | P     | P   | M           | P   |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Bacon & Egg Muffin          | P      | P     | P   | M           | P   | M      |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Bacon & Egg Brioche         | P      | P     | P   | P           | P   | M      |         | M        | M           | M       | M         | M         | M      | M         | M          | M       |   |      |            |          |           |       |
| Egg Brioche                 | P      | P     | P   | P           | P   | M      |         | M        | M           | M       | M         | M         | M      | M         | M          | M       |   |      |            |          |           |       |
| Pita's                      |        |       |     |             |     |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| BBQ Chicken Pita            | P      | P     |     | P           |     |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Chicken & Bacon Pita        | P      | P     | P   | P           | M   |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Teriyaki Chicken Pita       | P      | P     | P   | P           | P   | P      |         |          |             |         |           |           |        |           |            |         | P |      |            |          |           |       |
| Ham Pita                    | P      | P     |     |             | P   |        |         |          |             |         |           |           |        |           |            |         | P |      |            |          |           |       |
| Falafel Pita                | P      | P     |     | P           |     |        |         |          |             |         |           |           |        |           |            |         | P |      |            |          |           |       |
| Rice Dishes                 |        |       |     |             |     |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Katsu Chicken               | P      | P     | P   | P           |     |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Teriyaki Chicken            |        |       | P   |             |     |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Butter Chicken              |        |       |     | P           |     |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Chilli Con Carne - Beef     |        |       |     | P           | P   |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Chilli Con Carne - Veggie   |        |       |     | P           | P   |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Chilli Con Carne - Vegan    |        |       |     |             | P   |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Burgers / Rolls             |        |       |     |             |     |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Double Beef Burger - Cheese | P      | P     | P   | P           | P   | M      |         |          |             |         |           |           |        |           |            |         | M | M    |            |          |           |       |
| Double Beef Burger - Salad  | P      | P     | P   | M           | P   | M      |         |          |             |         |           |           |        |           |            |         | M | M    |            |          |           |       |
| Double Beef Burger - Works  | P      | P     | P   | P           | P   | M      |         |          |             |         |           |           |        |           |            |         | M | M    |            |          |           |       |
| Chicken Burger - Cheese     | P      | P     | P   | P           | P   | M      |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Chicken Burger - Salad      | P      | P     | P   | M           | P   | M      |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Chicken Burger - Works      | P      | P     | P   | P           | P   | M      |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Chicken Sub                 | P      | P     | P   | P           | P   | M      |         | M        | M           | M       | M         | M         | M      | M         | M          | M       | P |      |            |          |           |       |
| Falafel Sub                 | P      | P     | P   | P           | P   | M      |         | M        | M           | M       | M         | M         | M      | M         | M          | M       | P |      |            |          |           |       |
| Mexican Dishes              |        |       |     |             |     |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Beef Nachos                 |        |       |     | P           | P   | M      |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Veggie Nachos               |        |       |     |             | P   | M      |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Vegan Nachos                |        |       |     | M           | P   | M      |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Chicken Nachos              |        |       |     | P           | P   | M      | M       | M        | M           | M       | M         | M         | M      | M         | M          | M       | P |      |            |          |           |       |
| Main Meals                  |        |       |     |             |     |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Sweet Pretzels              | P      | P     | M   | M           | P   | M      | M       | M        | M           | M       | M         | M         | M      | M         | M          | M       |   | M    |            |          |           |       |
| Pretzel - Cheese            | P      | P     | M   | P           | P   | M      | M       | M        | M           | M       | M         | M         | M      | M         | M          | M       |   | M    |            |          |           |       |
| Pretzel - Ham & cheese      | P      | P     | M   | P           | P   | M      | M       | M        | M           | M       | M         | M         | M      | M         | M          | M       |   | M    |            |          |           |       |
| Steam Bun Small             | P      | P     |     | M           | P   | P      |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Steam Bun Regular           | P      | P     |     | M           | P   | P      |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Pizza - Cheese              | P      | P     |     | P           | P   | M      | M       | M        | M           | M       | M         | M         | M      | M         | M          | M       |   |      |            |          |           |       |
| Pizza - Pepperoni           | P      | P     |     | P           | P   | M      | M       | M        | M           | M       | M         | M         | M      | M         | M          | M       |   |      |            |          |           |       |
| Wedges                      | P      | P     | P   | P           | M   |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Hot Drinks                  |        |       |     |             |     |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Tomato Soup                 |        |       |     | M           | P   | M      |         |          |             |         |           |           |        |           |            |         | M |      |            |          |           |       |
| Chicken Soup                |        |       |     | M           | P   | P      |         |          |             |         |           |           |        |           |            |         | M |      |            |          |           |       |
| Pumkin Soup                 |        |       |     | M           | P   | P      | M       | M        | M           | M       | M         | M         | M      | M         | M          | M       | M |      |            |          |           |       |
| Misc.                       |        |       |     |             |     |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Chicken Bites               | P      | P     |     | M           |     |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Hash Bites                  | P      | P     | P   | P           | P   | P      |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Cheesy Pita                 | P      | P     |     |             |     |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Cheesy Pita - Ham           | P      | P     |     | P           | P   |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Cheesy Garlic Pita          | P      | P     |     | P           | P   |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Cheesy Garlic Pita - Ham    | P      | P     |     | P           | P   |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Mini Donuts                 | P      | P     |     | P           | P   |        | M       | M        | M           | M       | M         | M         | M      | M         | M          | M       |   |      |            |          |           |       |
| Hash Browns                 | P      |       | P   | P           | P   |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Garlic Bread                | P      | P     | M   | M           | P   |        |         | M        | M           | M       | M         | M         | M      | M         | M          | M       |   |      |            |          |           |       |
| Promo Items                 |        |       |     |             |     |        |         |          |             |         |           |           |        |           |            |         |   |      |            |          |           |       |
| Dads Pies - Mince & cheese  | P      | P     | M   | P           | P   |        |         |          |             |         |           |           |        |           |            |         |   | M    |            |          |           |       |
| Dads Pies - Steak & Cheese  | P      | P     | M   | P           | P   |        |         |          |             |         |           |           |        |           |            |         |   | M    |            |          |           |       |